

# Closing Prayers

## Closing Prayer:

Om Purna Madah Purna Midam  
Purnah Purna Mudachyate  
Purnasya Purnamadaya  
Purnam Eva Vasishyate  
Om Shanti Shanti Shanti

That is the whole, this is the whole; From the whole the whole arises;  
Taking away the whole from the whole, The whole remains.

## Before Lunch:

*Om Brahmaarpanam Brahmahavir,  
Brahmaagnau Brahmanaahutam,  
Brahmaiva Tena Gantavyam,  
Brahma Karma Samaadhinaa*

The process of offering and the oblation, both are Spirit. The fire and the one making the oblations into it are also Spirit. Realizing this, absorbed in Brahman (Spirit), during all activities, one goes to the Spirit alone.

## Aarthi Shloka:

*Na tatra suryo bhati na candra tarakam  
nema vidyuto bhanti kutoyam agnihi  
tameva bhantam anubhati sarvam  
tasya bhasa sarvam idam vibhati*

There the sun does not shine, nor do the moon and the stars. These streaks of lightning do not shine there either, (so) what to speak of this fire? That, shining, makes all others shine. By virtue of its luminosity, all these (manifestations) are illuminated.